



FOR IMMEDIATE RELEASE - Granolaboo heads east for wedding bliss  
June 28, 2008 Guilford, CT

Apparently rice is bad for the birds, bubbles are too sticky and confetti is just plain trashy. This summer's crop of brides chose to throw Granolaboo because, as one bride put it, "it's a trifecta - yummy, healthy and biodegradable".



**HOT SUMMER TREND**

*Granolaboo replaces rice at summer wedding...*



Instead of throwing rice at a recent toney Connecticut wedding, guests showered the newlyweds with Granolaboo as a symbol of luck and prosperity. Some of the guests were more interested in eating the Granolaboo than throwing it. Happily, there was plenty of Granolaboo for throwing and eating on this special day.

*[New England Brides]*

Granolaboo™, a granola cereal made with all-natural and organic ingredients, is the creation of nutrition and wellness expert Mary Barbour, MA, RD and owner of mindbody wellness group ([www.mbwellnessgroup.com](http://www.mbwellnessgroup.com)). To get more information about Granolaboo please contact [info@granolaboo.com](mailto:info@granolaboo.com).